

# The Leslie Sell Activity Centre

## Risk Assessment

### Orienteering Course

Item no.	Hazard / Risks	Who Is At Risk	Risk	Control Measures	Remaining Risk
<b>1.0</b>	<b>Adverse weather</b>	All	3	<ul style="list-style-type: none"> <li>• Orienteering is a self-lead activity therefore in the instance of adverse weather it is the group leader's responsibility to decide the session should continue.</li> <li>• Advice is given on what to do in the occurrence of adverse weather</li> <li>• Participants are advised to wear suitable clothing for the weather conditions</li> <li>• In thunder and lightning groups are advised to not be in open areas</li> </ul>	1
<b>2.0</b>	<b>Vehicle collision</b>	Participants	5	<ul style="list-style-type: none"> <li>• Site speed limit is 5 mph due to young people moving around the site</li> <li>• Participants are advised to walk along the sides of roadways, and to stop, look and listen before crossing roadways</li> <li>• Participants are told that there will be traffic moving slowly around the site</li> </ul>	2
<b>3.0</b>	<b>Injuries to a group member</b>	Participants	4	<ul style="list-style-type: none"> <li>• In the event of a party member getting injured, one person is to stay with the injured member while the rest of the group goes for help</li> <li>• Group leader is to deal with first aid, help is available from the centre office</li> </ul>	2

Activity Location: **Orienteering Course**

Assessed By: **George Gordon**

Date: 28 April 2022

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4.0	Slips, trips and falls	Participants	4	<ul style="list-style-type: none"> <li>Group is expected to wear suitable footwear</li> <li>Group is told they will be covering rough terrain in some areas</li> </ul>	1
5.0	Group behaviour	Participants	3	<ul style="list-style-type: none"> <li>Orienteering is a self-lead activity therefore, in the instance of inappropriate behaviour it is the group leader's responsibility to decide if the session should continue</li> </ul>	1
6.0	Lost participants	Participants	4	<ul style="list-style-type: none"> <li>Group are told about the site having boundary fences around the whole site and they are to stay on site</li> <li>There is no need to go off site for this activity</li> <li>Younger participants are advised to have adults in the group</li> </ul>	1
7.0	Water	Participants	5	<ul style="list-style-type: none"> <li>Groups are to stay away from the 'bomb hole' and ditches. There are no markers around the 'bomb hole' and ditches so as to avoid contact with it</li> </ul>	2
8.0	Over exertion	Participants	3	<ul style="list-style-type: none"> <li>In hot or cold weather it is advised that groups take a short time throughout the session to cool down or warm up</li> <li>Recommended that the group has water with them</li> </ul>	1
9.0	Navigational competence	Participants	2	<ul style="list-style-type: none"> <li>The course is designed so that little navigational competence is required to collect most check points</li> </ul>	1

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10.0	Out of bounds areas	Participants	4	<ul style="list-style-type: none"> <li>Areas such as staff accommodation, activity and maintenance areas are strictly 'Out of Bounds'</li> <li>Fences and signs stop visitors from entering these areas along with checkpoint markers not being positioned near these areas</li> <li>On the map they are given to work from these areas are highlighted to warn people not to go into them</li> </ul>	1

### Severity Factor and Remaining Risk Assessment

Level	Severity Description	Residual Risk Description
1	Very low – i.e. splinters	Very low, minimal risk, control measures more than adequate
2	Minor injury – i.e. cut, grazing	Low, control measures satisfactory
3	Medium injury would stop casualty continuing with activity	Medium, control measures adequate
4	Serious injury requiring medical attention i.e. broken bone, deep cut	High, control measures need further consideration
5	Extremely harmful, very serious injury or fatality	Very high, intolerable, stop activity

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